

the official newsletter of the
Kiwanis Club of Frederick, MD

FrederickKiwanis.org | info@frederickkiwanis.org

Chartered May 23, 1922



Editor: Dave Maloney
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301-712-5855



New Member!

Club Pres. Sue Vona welcomes our newest member, Diego Rafael Menzema to the club! Diego is sponsored by Roz Nasher and Bob Kaufmann. Diego is a Nursing professional and has Masters Degrees in nursing and computer science. He works at Frederick Health. His wife's name is Kenia, and they have one young son. Welcome!

2025-2026 OFFICERS

President: Sue Vona
301-898-9032
Pres. Elect: Clara Thompson
240-397-3749
Treasurer: Bob Failor
301-698-9425
Secretary: Lauri Cutting
518-593-3164
Past President: Richard Cutting
518-593-9672

DIRECTORS

Timothy Dinterman ('25-'26)
301-401-0434
Diane Reba ('24-'27)
301-371-4796
Colette Baker ('25-'28)
301-514-9144
Dex Ryberg ('25-'28)
301-668-1228
Dave Maloney (thru '27)
301-712-5855
Bob Kaufmann (thru '26)
301-524-3885

Meetings

Meetings are held the 2nd and 4th Tuesday of the month in the Garden Room, Elks Lodge, 289 Willowdale Dr., Frederick, MD 21702



Newspaper Article Features Walkersville HS Key Club!

Woodsboro-Walkersville NEWS-JOURNAL SECTION 2

The key to giving back

Celia Alspaugh
WHS Class of 2028

One of the most common things most people remember from their high school days are the clubs. Everyone knows how teenagers sort themselves into social groups and build friendships through collective interests, and one of the many ways students go about this is by joining specific clubs. In her personal opinion, Erica Carbone believes that "Key Club kids are the best kids," which is what this article is all about!

Carbone, a science teacher at Walkersville High who has taught algebra-based physics, honors chemistry, chemistry 1, fundamentals of chemistry, and chemistry 101, has been teaching for 16 years. Of those 16 years she has spent 15 of them as the Key Club Advisor for WHS. Coming right off of her first year of teaching, Carbone was approached by the current Key Club members at the time, a total of four girls who were about to lose their past Advisor. "I was like, sure," Carbone states, "because I didn't know any better.

Established in 1915 in Detroit, Michigan, the name "Kiwanis" is derived from a Native American expression meaning "we trade" or "we share our talents." The club funds over 150,000 service projects every year, raising upwards of \$100 million dollars and contributing 18.5 million service hours to communities globally. The organization, run out of Indianapolis, allows large and small Key Clubs alike to give back to their schools and towns all across the country. Many of these participating club members from across hundreds of counties meet together at annual Kiwanis district conventions like DCON, which is a place where clubs from hundreds of schools can participate in service workshops and compete for club titles. Each year that Carbone has run the club at WHS, she has sent a group. They even won Key Club of the year in 2015! Hosted in Washington DC and attended by over 2,000 people annually, it is a large celebration of giving back.

Since Carbone took up the mantle, Key Club has seen a 4500% increase in members. From those 4 girls in 2010,



WHS Key Club members volunteering at the Glade Valley Thrift Shop in Downtown Walkersville.

Club's social media presence.

Students in leadership positions such as these are in charge of planning and hosting the monthly Key Club meetings, deciding what service projects the members will participate in and when, and how the club can best give back to the community. Over past years the

schoolers' Trunk-or-Treat event, book fairs, and the winter dance. Also in the community, club members have made friendship bracelets to hand out during a breast cancer awareness walk back in October, walking in the event as well. The students have also made dog toys and cat scratchers that they've donated

Any student can join Key Club, it's as simple as signing up in the autumn when registration for clubs opens. Since it is an international club there is a small \$25 fee which covers the costs for the club as a whole. This fee also covers each member's Key Club t-shirt and pin. Kids who complete the



Our club's **Middle School Most-Improved Student Awards Banquet** will be held at the Elk's the evening of May 14. Registration 6:00 pm, dinner 6:30 followed by the program. **Please let me know (cbaker@legacyfa.com) by Tuesday May 5 if you are coming.** Cost is \$20 per person, payable at the door by credit card, cash or check payable to the Kiwanis Club of Frederick. I will also need some help with registration at the door and cutting and serving the cake. Let me know if you can help. Hope you can make it!

Recent Visitors



Our club was honored by the visit of our Div. 4 Lt. Gov. Katie Pajewski during a recent club Board Meeting. Katie is a member of the Next Generation e-Club.



Pres. Sue Vona presents speaker Beth McDonald, Community Outreach Coordinator, with a Club Challenge Coin as Richard Cutting looks on.



Vote at Annual Meeting May 12th

The proposed slate of officers for our May 12th Annual Meeting (election) prior to our Regular meeting on May 12th.

Officers (1-year terms)

President: Dr. Bob Kaufmann

President Elect: Richard Cutting

Treasurer: Bob Faylor

Secretary: Lauri Cutting

We have two positions to fill 3-year terms.

10/1/2026 - 9/30/29: Tim Dinterman

10/1/2026 - 9/30/29: Roz Nasher

Maloney Earns Coveted Safeguarding Youth Training Certificate



Vintage Club Artifact



 **BLAST FROM THE PAST**

This ancient mahogany box with tent-like sign boards listed each Kiwanis Club of Frederick committee along with the name of each committee member.

The five signs shown here are joined by at least a dozen more inside the box. The assembly was made as indicated on an interior label by club member Col. Elmer Munshower, U.S.A. (Ret.)



 **BLAST FROM THE PAST**

Register Now for the Cap. Dist. Convention!



2026 CAPITAL DISTRICT KIWANIS CONVENTION

The 106th Annual Capital District Kiwanis Convention will be held August 21-23, 2026 at the Doubletree by Hilton Hotel in Annapolis, MD!

Join us for the fellowship, great speakers, educational workshops, and more.

[**CLICK HERE!**](#)

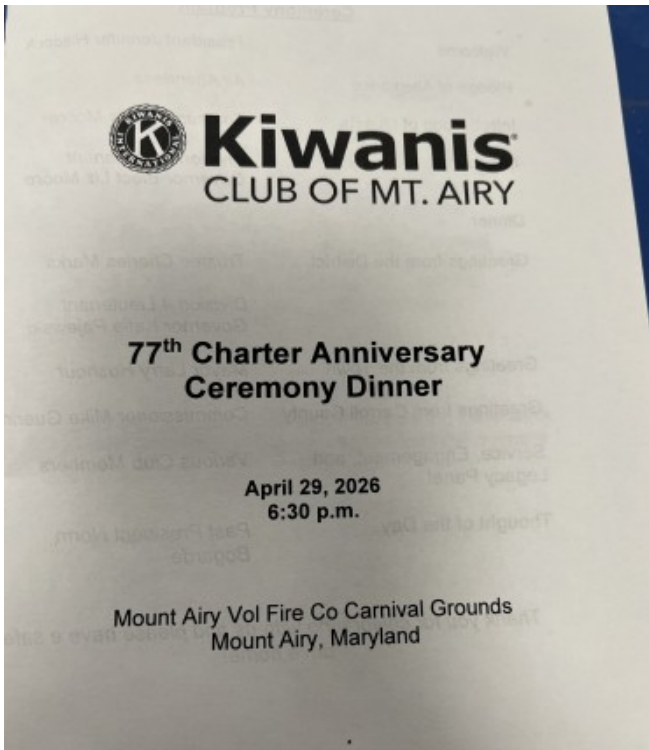


Food Distribution

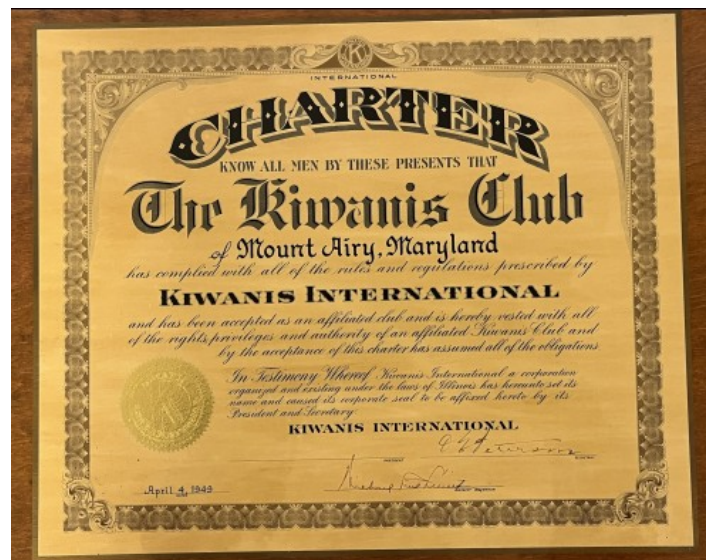
One day per month The Maryland Food Bank delivers free nutritious food (fruits and veggies) to Mission of Mercy's Frederick clinic site. The food is delivered in large containers and volunteers are needed to repack-age and distribute the food to our patients. Members Jeremy Poling, Sue Vona, Laurie Cutting and Richard Cutting lent a hand.



Members Attend Mt. Airy Club's 77th Anniversary



Members Richard Cutting, Lauri Cutting, Sue Vona, Bob Kaufmann, Roz Nasher and Diego Rafael attended the 77th Anniversary celebration of the Kiwanis Club of Mt. Airy!





BOD Agenda for April 7, 2026

CALL TO ORDER & Welcome

SECRETARY'S REPORT

TREASURER'S REPORT

COMMUNITY FOUNDATION UPDATE

KEY CLUBS - Urbana & Walkersville Clubs will be visited by Colette, Richard & Lauri for updates April 24th.

UNFINISHED BUSINESS

 Donation in Memory of Dr. Ray Ediger's passing February 7th 2026 Update.

 Recognition in Memory of Allen Byrne Discussion.

BUSINESS

 New Member - Memenza Diego Rafael aka Diego [Sponsors Rosalind Nasher & Robert Kaufman]

 Nominating Committee – We need members to serve.

 Middle School Most Improved Student Recognition (May 14th) Update

 Audit Committee Appointments – We need volunteers.

Member Participation Announcement

 Mt. Airy Pancake Breakfast March 14th. We had an interclub!

 Sleep in Heavenly Peace - March 21st

 Mission of Mercy Food Truck – March 30th

HAPPENINGS

Mt. Airy 77th Anniversary Charter Celebration. Wednesday, April 29th with doors opening at 6:00 p.m. and dinner at 6:30. \$25 per person. RSVP Deadline is April 12th with checks made payable to the Kiwanis Club of Mount Airy and mailed to PO Box 671 Mount Airy, MD 21771.

ADJOURNMENT

Member Monthly Volunteer Hours: March 2026

by Colette Baker

Here are volunteer hours for the month of March 2026. Be sure to report your monthly hours on the first of each month for the preceding month. Go here to do so:

<https://davidmaloney.com/machform2/embed.php?id=18517>

CTC Bee Keeping Mentor	1 member	36 hours	
Cub Pack 285/Boy Scout Troop 795	1 member	2 hours	
Bed Build	2 members	5 hours	50 youth
Mission of Mercy Food Distribution	2 members	2 hours	
Assist Seniors	1 member	5 hours	

Read the April/May *The Capital Kiwanian!*



In this issue:

- Governor's Message
- Executive Director
- Governor-Elect Update
- Around CD
- SLP Updates
- Family Ties
- Kiwanis Children's Fund
- Our Firm Foundation
- Service Showcase
- Eye On KI
- Midyear Recap

[Click here to read the latest edition of *The Capital Kiwanian*](#)

Upcoming Birthdays!

Ron Williams	5/10	Ronwilliams5918@gmail.com
Lauralynn Cutting	6/3	lauruscut@gmail.com
Jeremy Poling	7/11	jpoling@nfmlending.com