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Kiwanis[®]

the official newsletter of the

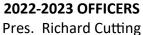
K-Notes

Kiwanis Club of Frederick, MD

FrederickKiwanis.org | info@frederickkiwanis.org

Editor: Dave Maloney dave@maloney.com 301-712-5855 Chartered May 23, 1922

A Note from Shiara



Fres. Richard Cutting 518 593-9672 Pres Elect. Ron Williams 301-874-4866 Sec . Lauri Cutting 518 593-3164 Treas. Bob Failor 301-698-9425 Past Pres. Sue Vona 301-898-9032

DIRECTORS

Clara Thompson (thru 9/30/23) 240-397-3749 Allen Byrne (thru 9/30/23) 301-401-0043 Ray Ediger ('21-'24) 301-788-2250 Carlos Graveran ('21-'24) 240-994-5679 Colette Baker ('22-'25) 301-514-9144 Vacant ('22-'25)

Meetings

Regular meetings are held every Tuesday at 12:15pm in the Garden Room, Elks Lodge, 289 Willowdale Dr., Frederick, MD 21702



DP NOCA FG 19 DP HOWELESS FAMILES

Shiara Jackson Family Advocate You might recall Shiara Jackson from Advocates for Homeless Families who spoke to the club last month. She recently send us the following note.

> Let me first start off by saying that it was both a pleasure and an honor to present before you and your fellow members of the Frederick Kiwanis Club today. I enjoyed myself way too much for it to be considered work. I honestly could've sat and talked with you guys for hours. I've attached a copy of my business card, as well as a flyer for our upcoming annual golf tournament. Please feel free to pass my contact information to everyone and advise them to PLEASE feel free to contact me for ANY-THING! Even if myself or our organization cannot be of immediate assistance, I will do whatever I can to help. I look forward to working together with you all moving forward in an effort to coordinate our services together for the greater good of our community. Thank you so much again."

Phoenix Foundation

CLUB OF FR

Joyce King, the Board President of the Phoenix Foundation, which is an organization our club supports, recently addressed the club about Phoenix Foundation.

The mission of the Phoenix Foundation is to provide a state recognized recovery high school that meets the individual educational needs of adolescents recovering from substance use disorder, through the Phoenix Recovery Academy in Frederick.

Joyce is also Chief Counsel at the Frederick County State's Attorney's Office.



What is an APG?

An APC is an after-school program for teens that offers a chance to connect with peers in a safe, substance-free, and recoveryfocused environment. Peer mentors provide recovery support services and healthy life skills.

Program Activities

- Fun activities such as yoga, bowling, hiking, music, art, and more_
- Academic Support (tutoring, resume writing, college/career support)
- Family Potlucks and social gatherings
- Community Service



- A safe and sober environme
- After school and weekend
 activities
- Recovery-oriented activities
 Ability to meet others
- Sense of community
- · Family programming



Club Picnic Features Appraisers, Stuff the Bus





(Below) Our club's annual picnic was held on Aug 1. The event featured appraisers Lisa and Tom Cantwell from Sabillasville (center being introduced by ray Ediger)who described and valued many treasures brought by club members. Included was a very nice carriage clock, two old telephones, some artifacts dug from a backyard, a crystal beer glass, a Bedouin copper pot, a German wall clock and a Harry Richardson original painting. Thanks to Dr. Ray Ediger for inviting the Cantwells.

The picnic also provided an opportunity for club members to drop off school items (top) being donated to the United Way's Stuff the Bus project.

A special thanks to Lauri and Richard Cutting for organizing and setting up for this event including Suff the Bus!



Ashley's New Business



Club member Ashley VaCleef, Esq., recently gave a great talk about her new business, the Parent Resource Center.

The Center provides training for parents relating to children with special needs, and connections to helpful resources in the community.





Left: Ashley at the grand opening of the Parent Resource Center.

Troop 792 Eagle Court of Honor

Recently I was privileged to attend Troop 792's Eagle Scout Court of Honor at the Morningside Inn in Frederick. (I well-remember my own Eagle Court of Honor when I was 14 and living in Alaska.) The Kiwanis Club of Frederick is the Chartered Organization (CO) for Troop 792 and I am the CO Representative (COR).

It takes years of hard work, service, and determination to become an Eagle Scout, making it a prestigious milestone that is recognized worldwide. Prominent service personnel, astronauts, United States senators, and others count the Eagle Scout rank among their achievements.

Congratulations to Hayden Taylor and Chris Mulcahy for achieving the rank of Eagle. In the below picture (L to R) are Kiwanian Dave Maloney (Chartered Organization Rep.), Taylor, Mulcahy, and Scoutmaster Tom Dumm. (Next page) Prior to the Court of Honor, in a solemn ceremony, Troop members properly retired several worn-out U.S. flags in the approved manner of disposal which is by burning.





Troop 792's solemn flag retirement ceremony.



2023 CAPITAL DISTRICT KIWANIS CONVENTION

The Capital District Kiwanis Convention will be held August 18-20, 2023 at the Marriott Richmond Hotel in Richmond, VA!

Join us for the fellowship, great speakers, educational workshops, a service project and more.

Go here for info



103RD ANNUAL CAPITAL DISTRICT KIWANIS CONVENTION 2023

Register for Best Convention Rates by July 15th

Our early bird registration **package rate of \$190** includes all conference materials, all conference sessions, the Saturday Casino Night and five ticketed meals: the Friday Night Murder Mystery Dinner, Saturday Breakfast, Lunch and Governor's Gala Dinner, Sunday Breakfast. **This is an \$80 savings** over purchasing your registration and meals separately.

There is no registration fee for non-Kiwanian guests attending with a registered Kiwanis member. Couples who are both Kiwanians must register separately.

Reminder, this early bird **special rate** of \$190 ends July 15th. After that, the rate increases to \$210.

Online convention reservation ends August 11th. There will be no on-site registration.







FSK Mall Christmas Giftwrap will be Friday, December 8 through December 24. Setup will be the evening of Thursday, December 7th.



Click here to read the latest edition of <u>The Capital Kiwanian</u>

	Ron Pearcey	8/3	ronald515@aol.com		
	Rosalind Nash	er 8/13	roznasher@verizon.net		
Kaili Van Waveren 9/1 kailivanwaveren@gmail.com					
	Colette Baker	9/5	cbaker@legacyfa.com		

Upcoming Birthdays!

Member Monthly Volunteer Hours: June 2023

by Colette Baker

Here are volunteer hours for the month of June 2023. Be sure to report your monthly hours on the first of each month for the preceding month. Go here to do so:

https://davidmaloney.com/machform2/embed.php?id=18517

Hospice Board Meeting	1 member	2 hours	
Hood Board Meetings	1 member	12 hours	1500 students
Bed Build	1 member	1 hour	40 youth
4 H Club	1 member	8 hours	
Helping Seniors	1 member	6 hours	
Mission of Mercy Food Distribution	2 members	9 hours	560 clients
CTC Bee Keeping Mentoring	1 member	4 hours	6 youth
Cub Pack 285/Scout Troop 795	1 member	3 hours	25 youth
Archery Benefit for local family	2 members	7 hours	1 youth
SLP	1 member	1 hour	