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Clara Thompson (thru '23-'24)
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Roy Taylor (thru '24-'25)
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Meetings

Regular meetings are held
every Tuesday at 12:15pm
in the Garden Room,
Elks Lodge,
289 Willowdale Dr.,
Frederick, MD 21702

Awesome Episode:

Mike Rowe Focuses on Sleep in Heavenly Sleep! (submitted by Richard Cutting)

Click and Watch: *Returning the Favor with Mike Rowe:*
[https://www.facebook.com/ReturningTheFavor/
videos/2020109721593621/](https://www.facebook.com/ReturningTheFavor/videos/2020109721593621/)



Click and Watch More Sleep in Heavenly Peace TV spots:

CNN Heroes:

<https://www.facebook.com/CNNHeroes/videos/10156107067487489/>

CNN Heroes All-Star Tribute:

<https://www.cnn.com/videos/us/2018/12/12/cnnheroes-tribute-luke-mickelson.cnn>

Richard Reba, M.D.

Richard Charney Reba, M.D., FACP, ("Dick" to many of his friends), a pioneer in the field of nuclear medicine, passed away peacefully at home in Frederick, Maryland surrounded by his loving family on Dec. 30, 2022, at the age 90. He is remembered by many colleagues and friends as a gracious, kind, compassionate, caring physician and a visionary.

Dr. Reba was born on July 1, 1932, in Milwaukee, Wisconsin. He was a graduate of Baltimore City College high school, Loyola College of Baltimore and the University of Maryland College of Physicians and Surgeons in 1957. From 1956 to 1967, he served in the U.S. Army Medical Corps.

In 1961 he became a Research Fellow in Departments of Medicine and Radiology in the Division of Nuclear Medicine at The Johns Hopkins Hospital, and then Senior Investigator in the Division of Nuclear Medicine and Chief of the Department of Isotope Metabolism at Walter Reed Army Institute of Research. He served from 1965-1966 as Chief of Medical Services at 85th Evac Hospital in Qui Nhon during the Vietnam War.

Dr. Reba joined the faculty of The Johns Hopkins Hospital and began his career in the diagnostic and therapeutic use of radiation in nuclear medicine under his mentor and colleague Dr. Henry Wagner Jr., the "Father of Nuclear Medicine".

Dr. Reba researched drug development, specifically the research and application of single photon emission computed tomography (SPECT) and PET radiopharmaceuticals for the diagnosis and treatment of human disease. In 1983, Dr. Reba and his research team at George Washington University, carried out the first successful SPECT imaging of a neuroreceptor in humans, which lead to numerous valuable advancements in treatment.

His career brought him



to numerous institutions: Washington Hospital Center, The Johns Hopkins University, George Washington University, The University of Chicago, and Georgetown University. Dr. Reba expertly advised organizations such as the National Institute of Health, the International Atomic Energy Agency (IAEA), and numerous government advisory committees chartered by the U.S. Congress. This expertise resulted in his election as president of the Society of Nuclear Medicine in 1993. Dr. Reba is author or coauthor of 330 scientific papers, book chapters, reviews and one textbook.

During his leadership as president of the Society of Nuclear Medicine, he worked to identify practice guidelines, develop criteria for the scientific assessment of nuclear medicine, educate nuclear medicine professionals, and advise on nuclear medicine issues relative to health care reform.

Dr. Reba is survived by his wife of 40 years, Diane; his brother Lawrence (JoAnn); sister-in-law, Cheryl Stern (Ron); children; Lori Tyrie (Drew); and Lee Brian Reba; stepchildren, Julie Lawrence and Jennifer Williams; grandchildren, Megan (Robert), Peyton (Katie), Anastasia (Julian), Chloe and Alyza; great grandchild, Aiden; and many nieces, nephews and cousins. He was preceded in death by his parents Louis and Charlotte (Charney) Reba.

In lieu of flowers, the family asked that memorial donations be made to Project Hope (www.projecthope.org) in the name of Dr. Richard C. Reba.

A Celebration of Life will be held in July.

Arrangements, Stauffer Funeral Home, Frederick; expressions of sympathy to staufferfuneralhome.com.



R.I.P., Richard

I9 Sports says "Thanks!"

Hey Friends,

I wanted to send a sincere THANK YOU to the board and members of Kiwanis Club for sending a \$500 donation to i9 Sports Chapter 437 last month. I apologize for not sending this sooner as we got a bit wrapped up in the holidays and I am just getting around to depositing this today. We are very grateful for your support and please know that 100% of this money will go to putting less fortunate Frederick County kids in after school activities. Thanks again, much appreciated.

I was unsure of what address or email to send this to specifically so if you could please share my thank you with everyone at the next meeting I would appreciate it.

--

Eric Stephens
Area Developer
Frederick and Carroll Counties

Tel: (301) 228-0985



The Way Youth Sports Should Be®



At a recent meeting, Dave Maloney reviewed the 2022 FSK Mall Charity Giftwrap Fundraiser for Kids. Dave recognized several members who provided logistical support as well as those who committed to covering many of the Team Leader positions throughout the three week event. Dave reviewed the finances and revealed that over \$1200 was received as a donation from FSK Mall, albeit in the form of four buckets of skanky coinage retrieved from the mall fountain at center court which required an extensive cleaning effort. Members shared funny stories regarding the wrap, making it a memorable event for all.

Club Briefed on Activities of Catoctin Furnace Historical Society



Ray Ediger's guest speaker for the January 3, 2023 Kiwanis Club of Frederick was Theresa Donnelly of the Catoctin Furnace Historical Society. Her topic was about the exciting new and historical developments at the 18th century Catoctin Furnace and the village that grew up around it. She spoke about the Museum of the Iron Worker where they recently installed two forensic reconstructions of heads of two of the enslaved Iron workers from recovered skeletal remains. One of the iron worker's cottages has been completely restored inside and out to the appearance it must have had when occupied in the 18th century, it will be an air B&B for visitors who wish to immerse themselves in history for a night or two. Modern bathroom facilities and sleeping accommodations are the only divergence from 18th century life. There are plans to restore additional period houses as temporary residences for graduate students or scholars wishing to immerse themselves in study of 18th century life and industry. DNA analysis studies are in the works that may help identify the enslaved workers by reconnecting them through DNA of surviving descendants. For more information visit www.catoctinfurnace.org. Pictured from the left are: Theresa Donnelly, Assistant Director of the Catoctin Furnace Historical Society, Inc. and Kiwanian Ray Ediger. Kiwanis Club of Frederick usually meets at 12:15 PM on Tuesday's the Elks Lodge #684 289 Willowdale Drive, Frederick, MD 21702. For more information about membership, email Lauri Cutting at Lauruscut@gmail.com.

Photograph (IMG_3857.jpg) by Art Anderson 240 215 7556



Guest speaker Theresa Donnelly shares Catoctin Furnace Historical Society with club member Ray Ediger.

Saturday in History

Saturday, Jan. 21, is the 21st day of 2023. There are 344 days left in the year.

- In 1793, during the French Revolution, King Louis XVI, condemned for treason, was executed on the guillotine.
- In 1910, the Great Paris Flood began as the rain-swollen Seine River burst its banks, sending water into the French capital.
- In 1915, the first Kiwanis Club, dedicated to community service, was founded in Detroit.
- In 1924, Russian revolutionary Vladimir Lenin died at age 53.
- In 1942, pinball machines were banned in New York City after a court ruled they were gambling devices that relied on chance rather than skill (*the*

ban was lifted in

- In 1950, for official Alger Hiss of a Communist spy guilty in New York jury. (*Hiss, who pence, served less on.*)
- In 1976, Bri France inaugura ger service on th jet.
- In 1977, on fice, President Ji almost all Vietna
- In 2003, th nounced that H blacks as Ameri group.

Submitted by
Richard Cutting.

The Great Frederick Fair



At a recent club meeting, Karen Crum Nicklas, General Manager of The Great Frederick Fair excitedly explained just exactly what it is that makes The Great Frederick Fair so “Great”!

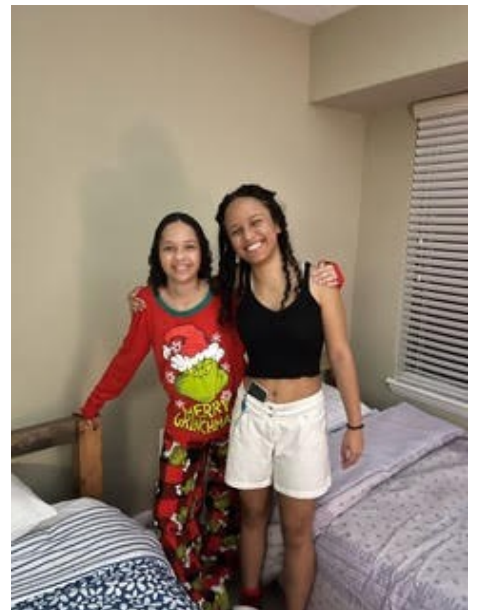
Pictured upper left, club member Dr. Ray Ediger, D.V.M., welcomes Karen to the club meeting. In the lower left, Karen lists the many reasons that our Fair is one of the best! Ray is a long-time and committed supporter of the 4-H and FFA, as shown in the below photo.

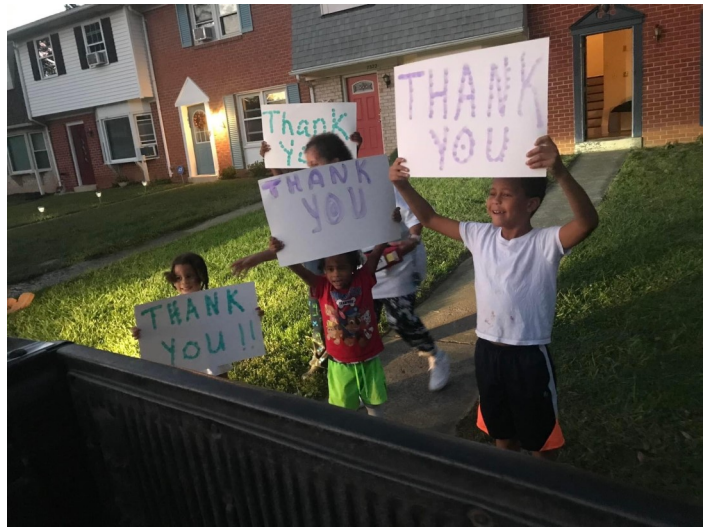


New Sleep in Heavenly Calendar Features Thankful Kids



Richard cutting (L) shares the new Sleep in Heavenly Peace calendar which features some great photographs of kids who are thankful for their new beds shown on this as well as the following page..





Member Monthly Volunteer Hours: December 2022

by Colette Baker

Here are volunteer hours for the month of December 2022. Be sure to report your monthly hours on the first of each month for the preceding month. Go here to do so:

<https://davidmaloney.com/machform2/embed.php?id=18517>

Gift Wrap	16 members	226 hours	
Salvation Army Bell Ringing	7 members	17 hours	
Wreaths Across America	7 members	22 hours	
4-H	1 member	5 hours	
Bed Build	2 members	6.5 hours	40 youth
Calendars to Nursing Home	4 members	2 hours	
Assist Seniors	1 member	1 hour	
Mission of Mercy Food Distrib.	2 members	6 hours	400 recipients
CTC Bee Keeping Mentor	1 member	2 hours	
SLP	1 member	1 hour	
Hospice Board Meeting	1 member	2 hours	
Ancient Order of Hibernians	1 member	3 hours	
Hydrocephalus Assoc.			
Parent Support Meeting	1 member	2 hours	

Looking for upcoming Club activities and events? You can now find a current listing online on our club website. Just go to <https://www.frederickkiwanis.org> and click on the EVENTS link in the top menu bar.



CALL US: 301-898-9032



Kiwanis
CLUB OF FREDERICK, MD

Upcoming Birthdays!

Peter Brehm 2/23 pbrehm@comcast.net
Diane Reba 3/7 dcreba@comcast.net



Click here to read the latest edition of [The Capital Kiwanian](#)