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Kiwanis[®]

the official newsletter of the

K-Notes

Kiwanis Club of Frederick, MD

FrederickKiwanis.org | info@frederickkiwanis.org

Chartered May 23, 1922

Editor: Dave Maloney dave@maloney.com 301-712-5855



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Note that with the easing of pandemic restrictions, weekly club meetings are now once again being held face-to-face at the Elks Club. Meetings every Tuesdays at 12:15PM.

Club Meetings

2021-2022 OFFICERS

Pres. Sue Vona 301-898-9032 Pres. Elct. Richard Cutting 518 593-9672 Sec . Lauri Cutting 518 593-3164 Treas. Bob Failor 301-698-9425 Past Pres. Allen Byrne 301-401-0043

2021-2022 DIRECTORS

Ray Ediger 301-788-2250 Colette Baker 301-514-9144 Ron Williams

Carlos Graveran 240-994-5679 Dr. Dick Reba 301-371-4796

Meetings

Regular meetings are held every Tuesday at 12:15pm in the Garden Room, Elks Lodge, 289 Willowdale Dr., Frederick, MD 21702

Club Christmas Party Thoroughly Enjoyable!

We had a large turnout of members, spouses and family members at the 2021 Club Holiday Party recently held at Gladchuck's restaurant where we enjoyed excellent food and fellowship. LtGov Bob Force and his wife also attended. An inhouse auction of gifts brought by members dred dollars for the club's



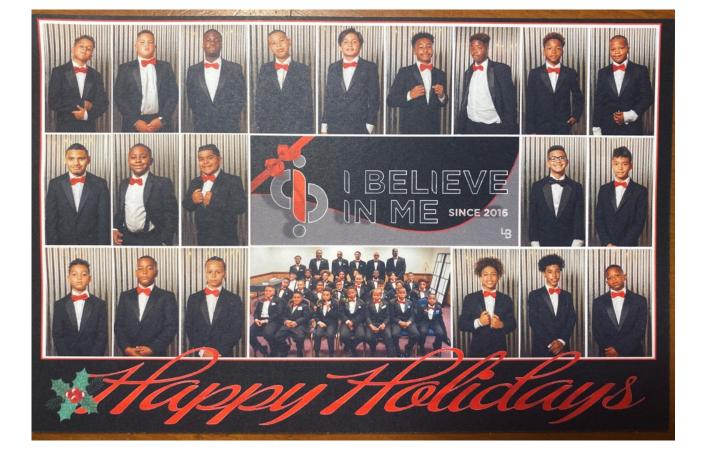
KIWANIS CLUB OF FREDERICK MD MINUTES OF BOARD OF DIRECTORS MEETING There was no Board Meeting for the month of December, 2012

Birthdays!		
1/20	rcut01@yahoo.com	
1/25	consiemeyers@verizon.net	
2/23	pbrehm@comcast.net	
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Trauma Professional and PTSD Therapist



At the December 1, 2021 meeting of the Kiwanis Club of Frederick, our speaker was Rick **Steele**, a LCSW-C, **Certified Clinical Trauma Professional (CCTP) and PTSD therapist** in Frederick, spoke to us regarding trauma and PTSD treatment options to raise our awareness of resources available for adults and children in Frederick County through Aion Counseling, LLC. Rick's interest in mental health began when he was an embedded photojournalist with the U.S. Marines during the Iraq War. He was able to witness first-hand the need individuals have to process trauma, and begin the healing process. Pictured from the left are: Rick Steele, Speaker and Sue Vona, Club President. Kiwanis Club of Frederick usually meets at 12:15 PM at on Tuesday's the Elks Lodge #684 289 Willowdale Drive, Frederick, MD 21702. For more information about membership, email Lauri Cutting at Lauruscut@gmail.com". (Photo by Art Anderson)



From our Friends at I Believe In Me, Inc.

WISHING YOU A FUN-FILLED HOLIDAY AND A HAPPY NEW YEAR!

With Hope and Love, I Believe In Me Inc



Memorial Wreath and Cross for PPOW/MIA



Left, Richard Cutting, emcee of program watches as Mary Leatherman and her nephews place a memorial wreath on the POW/MIA cross.

Mary Leatherman was the first female in combat in Iraq, served 2 combat tours and best yet, returned safe and sound. We were honored to have her and her nephews perform this solemn ceremony.

Event Organizer Richard Cutting



Above, St. Paul's Evangelical Lutheran Church of Utica, Thurmont. Left to right, Pastor Donnella, Ray Ediger, Lauri Cutting, Richard Cutting, Rev Martz, Sue Vona, Dr Bob Kaufman with the POW/MIA wreath and cross.

Member Monthly Volunteer Hours: November 2021 by Colette Baker

Here are volunteer hours for the month of November 2021. Be sure to report your monthly hours on the first of each month for the preceding month. Go here to do so: http://davidmaloney.com/machform/view.php?id=29

Religious Coalition Food Distribution	1 member	12 hours	
Bed Build	1 member	13 hours	40 youth
CTC Student Bee Mentoring	1 member	4 hours	6 youth
Gift Wrap	1 member	2 hours	



When the **Kiwanis International float** makes its way down Colorado Boulevard in the 2022 Rose Parade today (Saturday Jan 1), it featured more than 5,000 roses and 4,500 daisies

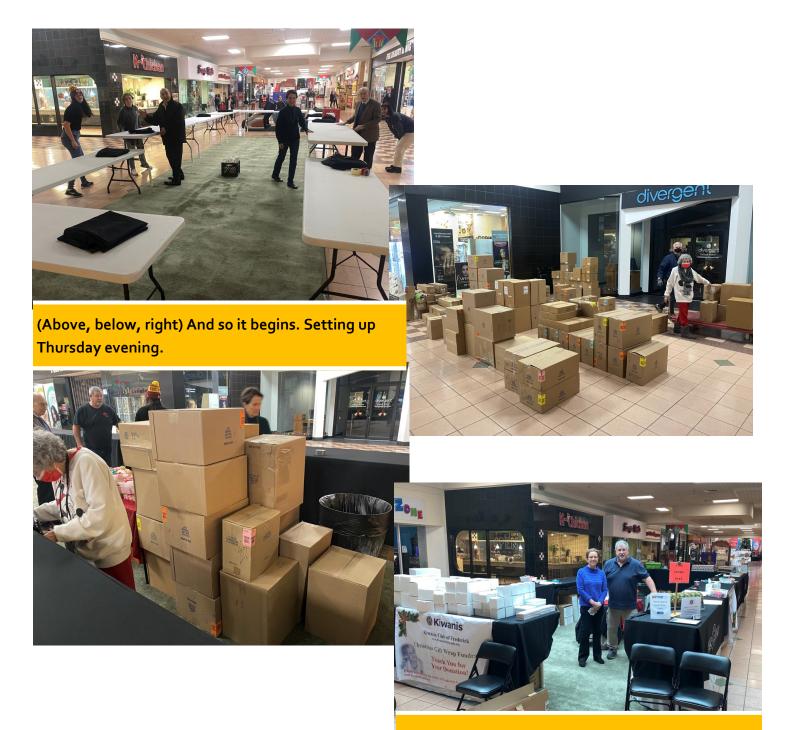


affixed to the "Dream to Achieve" float. Adding to the color and texture are beans, whole and ground split peas, onion seed, ground white rice, yellow strawflower, redwood bark, eucalyptus leaves, limes and seaweed. The Kiwanis float was No. 68 in the parade lineup. #KidsNeedKiwanis (KI)



Christmas Giftwrap Ends with a Flurry!

After a one hiatus, our 2021 FSK Mall Charity Giftwrap for Kids exceeded expectations. Though donations were a few thousand dollars less than 2019, that was to be expected given our reduced number of days wrapping and the Mall's reduced hours. Combined with a reduced volume of mall traffic, clearing just north of \$10K is not bad! Thanks to all who helped with this monumental undertaking! - Dave



Colette and Richard set up for first day of wrapping.

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Richard and Lauri finish up a big job



Above, Key Clubbers help close down for the night. Below, our little trailer parked at the Mall with extra material that Roy brought to the tables as needed.



Dr Ray Ediger is up to the challenge as he is asked to gift wrap a banjo at the 2021 Kiwanis Gift wrap at the mall.





Above, Dave's football-player grandson , Colin, anchors the tail end of the line at 4PM on the last day of the wrap Dec 24th. So brave! But he's big!